

## Skinner's Behaviorism and the Nature-Nurture Dichotomy

Bryan D. Midgley and Edward K. Morris  
*University of Kansas*

Nature and nurture are commonly regarded as fundamental determinants of behavior, with nature referring to heredity or evolution, and nurture to the environment or learning. Although nature and nurture are cast in terms of a dichotomy, we typically acknowledge both and recognize "that neither operates to the exclusion of the other" (Catania, 1998, p. 371). That is, we properly conceptualize the nature-nurture dichotomy as a continuum (e.g., Catania, 1998, p. 371; Fantino & Logan, 1979, pp. 475-476).

Critics of behavior analysis, however, have characterized it as falling exclusively to the nurture or environmental side of the dichotomy (e.g., Gould & Marler, 1987a, 1987b). Such characterizations are fundamentally flawed (Skinner, 1974, pp. 4, 243-244; Todd, 1987; Todd & Morris, 1992), for behavior analysis actually falls "on the middle ground" (Skinner, 1977, p. 1007), acknowledging both nature and nurture as determinants of behavior. We seek to clarify Skinner's position on nature and nurture.

In exploring Skinner on the nature-nurture dichotomy, we first discuss his ultimate explanations for innate and acquired behavior: phylogenetic and ontogenic contingencies. Second, we explore the ways in which he distinguished between these two sets of contingencies, that is, in terms of temporal relations, consequences, and what is selected. Third, we consider the concepts he invoked when explaining the control of innate and acquired behavior by phylogenetic and ontogenic contingencies: temporal gaps, changed organisms, and causal chains. Throughout, we use the term "innate" broadly, referring to everything that, from Skinner's perspective, is considered inborn, for instance, respondent and operant conditionability, unconditioned eliciting stimuli and elicited responses, releasers and released behavior, and primary positive and negative reinforcers (see, e.g., Michael, 1985, pp. 101-102; Skinner, 1969, pp. 201-202).

## Explaining Innate and Acquired Behavior

As already pointed out, Skinner acknowledged both innate and acquired behavior (e.g., Skinner, 1966, 1975a, 1981, 1984; see Michael, 1985). What he rejected were their explanations cast in terms of a hypothetical "inner causal agent" (Skinner, 1953, p. 116; see Skinner, 1953, pp. 27-31), in particular, instincts and habits. About these, Skinner (1966) commented:

Until we have identified the variables of which an event is a function, we tend to invent causes. Learned behavior was once commonly attributed to "habit,".... "Instinct," as a hypothetical cause of phylogenetic [i.e., innate] behavior, has had a longer life. We no longer say that our rat possesses a marble-dropping habit, but we are still likely to say that our spider has a web-spinning instinct. (p. 1208)

Instead of instincts and habits, Skinner accounted for innate and acquired behavior by appealing to contingencies of selection (see Skinner, 1981). In his words:

I do not believe in a strict dichotomy between "ontogenic behavior" and "phylogenetic behavior," if by behavior one means a stored habit or an instinct, but I think it is quite easy to distinguish between ontogenic phylogenetic contingencies of selection, and that was one of the points of "Phylogeny" [i.e., "The Phylogeny and Ontogeny of Behavior," 1966]. (Skinner, in Catania & Harnad, 1988, p. 420)

Phylogenetic contingencies or "contingencies of survival" refer to natural selection and explain how organismic characteristics such as innate behavior are selected, which are then transmitted to subsequent members of a species (Skinner, 1966, 1974). Similarly, ontogenic contingencies or "contingencies of reinforcement" refer to selection in the behavioral domain and explain how acquired behavior becomes part of a repertoire during an organism's individual behavioral history (Skinner, 1966, 1974). Phylogenetic and ontogenic contingencies, then, not instincts and habits, are the variables of which innate and acquired behavior are respectively and ultimately a function.

## Phylogenic and Ontogenic Contingencies

With innate and acquired behavior accounted for in terms of phylogenic and ontogenic contingencies, we turn to the defining characteristics of these contingencies to clarify further Skinner's version of the nature-nurture dichotomy. Skinner distinguished between these contingencies in at least three ways: (a) their temporal relation to behavior, (b) their consequences, and (c) what they select.

### Temporal Relations

First, according to Skinner (1966), "the contingencies responsible for unlearned behavior acted a very long time ago" in the evolutionary history of a species (p. 1208), whereas ontogenic contingencies operate during the lifespan of individual organisms and are responsible for acquired behavior. Thus, whereas phylogenic contingencies are relatively remote from future instantiations of the selected innate behavior, ontogenic contingencies are relatively near and determine the selected acquired behavior.

### Consequences

The second way in which phylogenic and ontogenic contingencies are distinguished lies in their consequences. As Skinner (1966) said of phylogenic contingencies:

A given response is in a sense strengthened by consequences which have to do with the survival of the individual and species. A given form of behavior leads not to reinforcement [as in operant ontogenic contingencies] but to procreation. (p. 1206)

In other words, survival and the production of offspring are the functional consequences of innate behavior, which is therefore more likely to occur in future members of a species. In contrast, reinforcement is the functional consequence of acquired (i.e., operant) behavior, which is therefore more likely to occur during the remaining lifespan of an individual (Glenn & Madden, 1995; Skinner, in Catania & Harnad, 1988, p. 76; Smith, 1986).

### Selection

The third way in which phylogenic and ontogenic contingencies are distinguished lies in what they select. As Skinner argued:

[Phylogenic] contingencies select variations in genes which contribute to the "innate" behavior of a species, [ontogenic]... contingencies contribute to the selection of variations which compose "learned" behavior. (Skinner, in Catania & Harnad, 1988, p. 405)

Here, Skinner seems to have distinguished between two domains-- behavioral and biological. In the behavioral domain, phylogenic and ontogenic contingencies differ in what they select--innate and acquired behavior, respectively. In the biological domain, phylogenic contingencies also select genes, whereas what ontogenic contingencies select or how they operate on the organism was left unspecified by Skinner, at least in the passage above. Nonetheless, we tentatively conclude (and later, try to argue) that, for Skinner, ontogenic contingencies operate on the organism biologically, for example, neurologically (e.g., Skinner, in Catania & Harnad, 1988, p. 422). Discussing the role of the biological organism in the analysis of behavior may further clarify Skinner's version of the nature-nurture dichotomy, to which we now turn.

## Temporal Gaps, Changed Organisms, and Causal Chains

To understand the processes involved in the selection of innate and acquired behavior, we turn to three other concepts in Skinner's system: temporal gaps, changed organisms, and causal chains.

### Temporal Gaps

Both innate and acquired behavior occur after the contingencies that selected them are no longer present. Skinner referred to the intervals between past contingencies (phylogenic and ontogenic) and present or future behavior (innate and acquired) as "temporal gaps" (e.g.,



Skinner, 1953, p. 54; 1974, p. 236; 1975b, p. 43; see Skinner, 1978, p. 49; 1989, p. 18). For Skinner, these gaps presented a problem: How can we account for the control of current or future behavior by past contingencies? Skinner's solution: Something bridges the temporal gap, in particular, a changed organism (e.g., Skinner, 1971, pp. 195-196; 1974, p. 237; Skinner, in Catania & Harnad, 1988, pp. 409, 422).

### Changed Organisms

In general, the changed organism that Skinner emphasized refers to a behaviorally changed organism, that is, to change in an organism's response repertoire and the variables of which it is a function. In the context of phylogenetic and ontogenic contingencies, though, change also involves biological change (see Delprato & Midgley, 1992; Hayes, 1992; Lee, 1988, pp. 162-163; Parrott, 1983; cf. Branch, 1977; Glenn & Madden, 1995). For instance, in replying to a critic, Skinner noted that:

Eibl-Eibesfeldt raises a question about the product [of phylogenetic and ontogenic contingencies]. Both kinds of contingencies change the organism--the wiring of the neuronal networks." Phylogenetic contingencies do so in a way involving the genome, ontogenic contingencies in a different way, individual organism. (Skinner, in Catania & Harnad, 1988, p. 422)

In other words, Skinner identified the changed organism as the link bridging the temporal gap between historic contingencies-- either phylogenetic or ontogenic--and current or future behavior. In general, the sequence from (a) contingencies to (b) biological organism to (c) behavior constitutes a three-link "causal chain" (cf. Skinner, 1953, pp. 34-35).

### Causal Chains

The preceding discussion suggests that Skinner saw the concept of the "causal chain" (e.g., Skinner, 1953, pp. 34-35, 160, 279; 1956, p. 92; 1974, p. 231) as useful in explaining both innate and acquired behavior (see Skinner, 1974, pp. 236-237; 1975b, pp. 42-43; 1978, p. 49). We describe these chains in what follows, beginning with their initial links--phylogenetic and ontogenic contingencies, respectively.

### Phylogenetic contingencies

Remote phylogenetic contingencies are linked to current or future innate behavior by causal chains. The chains consist of a sequence of events occurring over a species' evolutionary history: Organisms are exposed to phylogenetic contingencies; phylogenetic contingencies select innate behavior and genes; genes are replicated, leading to the development of biological organisms that, as current members of a species, are biologically different from other, past members; and the current biological organisms are more likely than their predecessors to engage in certain innate behaviors under particular conditions. The replicated genes and the biological organisms are the middle links in a causal chain. That is, replicated genes and the biological organisms to which they give rise (i.e., the organisms' biological structures and functions) bridge the temporal gap between (a) phylogenetic contingencies, which operate in the evolutionary history of the species, and (b) the current and future innate behavioral repertoire of the members of the species.

### Ontogenic contingencies

Likewise, ontogenic contingencies are linked to current or future acquired behavior by causal chains. These chains, however, consist of a sequence of events occurring within an individual's behavioral history: An organism is exposed to ontogenic contingencies, ontogenic contingencies select acquired behavior and change the organism biologically (e.g., neurologically), and the biologically changed organism is therefore more likely than its earlier self to engage in certain acquired behaviors under particular conditions. The changed organism is the middle link in a causal chain. That is, the biological organism bridges the temporal gap between (a) ontogenic contingencies, which operate in the behavioral history of the individual, and (b) the current or future acquired behavioral repertoire of the individual.



## Conclusion

Behavior analysis has long been characterized as falling exclusively on the nurture side of the nature-nurture dichotomy. To be sure, Skinner was critical of "genetic explanations" for what are more likely instances of acquired behavior (e.g., Skinner, 1974, p. 49) and, while he acknowledged biological factors in the analysis of behavior, he conducted almost no empirical research on them (but see, e.g., Skinner & Heron, 1937). Skinner, however, recognized both nature and nurture as determinants of behavior. Phylogenetic and ontogenic contingencies are his version of the nature-nurture dichotomy (cf. Catania, 1998, p. 371).

In presenting Skinner's position, we are not unaware of the criticism and debate that the nature-nurture dichotomy has evoked. Our purpose, however, has been other than evaluative. Nonetheless, if behavior analysis decides to reconsider the nature-nurture dichotomy, it might turn to alternative conceptualizations that are in keeping with a natural science perspective. One alternative is the developmental systems perspective, wherein "nature and nurture are not alternative causes but product and process," respectively (Oyama, 1985, p. 131; see Midgley & Morris, 1992).

### Authors' Note

Portions of this article were drafted while the first author was supported as a predoctoral trainee by a grant from the National Institute of Child Health and Human Development (2 T32 HD07173-13A). This is an abbreviated version of an article to appear in the *Mexican Journal of Behavior Analysis*, "Nature and Nurture in Skinner's Behaviorism." Readers are referred to that article for a fuller treatment of the issues discussed herein. Correspondence should be addressed to Bryan D. Midgley, Department of Human Development and Family Life, University of Kansas, Lawrence, Kansas, 66045-2133, USA. E-mail: bdm@falcon.cc.ukans.edu.

## References

- Branch, M. N. (1977). On the role of "memory" in the analysis of behavior. *Journal of the Experimental Analysis of Behavior*, *28*, 171-179.
- Catania, A. C. (1998). *Learning* (4th ed.). Upper Saddle River, NJ: Prentice Hall.
- Catania, A. C., & Harnad, S. (Eds.). (1988). *The selection of behavior: The operant behaviorism of B. F. Skinner: Comments and consequences*. Cambridge: Cambridge University Press.
- Delprato, D. J., & Midgley, B. D. (1992). Some fundamentals of B. F. Skinner's behaviorism. *American Psychologist*, *47*, 1507-1520.
- Fantino, E., & Logan, C. A. (1979). *The experimental analysis of behavior: A biological perspective*. San Francisco: Freeman.
- Glenn, S. S., & Madden, G. J. (1995). Units of interaction, evolution, and replication: Organic and behavioral parallels. *The Behavior Analyst*, *18*, 237-251.
- Gould, J. L., & Marler, P. (1987a). Learning by instinct. *Scientific American*, *256*(1), 74-85.
- Gould, J. L., & Marler, P. (1987b). [Letter to the editor]. *Scientific American*, *256*(4), 4.
- Hayes, L. J. (1992). The psychological present. *The Behavior Analyst*, *15*, 139-145.
- Lee, V. L. (1988). *Beyond behaviorism*. Hillsdale, NJ: Erlbaum.
- Michael, J. L. (1985). Behavior analysis: A radical perspective. In B. L. Hammonds (Ed.), *Psychology and learning: The master lecture series* (Vol. 4, pp. 99-121). Washington, DC: American Psychological Association.
- Midgley, B. D., & Morris, E. K. (1992). Nature = f(nurture): A review of Oyama's *The ontogeny of information: Developmental systems and evolution*. *Journal of the Experimental Analysis of Behavior*, *58*, 229-240.
- Oyama, S. (1985). *The ontogeny of information: Developmental systems and evolution*. Cambridge: Cambridge University Press.
- Parrott, L. J. (1983). On the differences between Skinner's radical behaviorism and Kantor's interbehaviorism. *Mexican Journal of Behavior Analysis*, *2*, 95-115.
- Skinner, B. F. (1953). *Science and human behavior*. New York: Free Press.
- Skinner, B. F. (1956). What is psychotic behavior? In E. F. Gildea (Ed.), *Theory and treatment of the psychoses: Some newer aspects* (pp. 77-99). St. Louis: Washington University Studies.
- Skinner, B. F. (1966). The phylogeny and ontogeny of behavior. *Science*, *153*, 1205-1213.
- Skinner, B. F. (1969). *Contingencies of reinforcement: A theoretical analysis*. New York: Appleton-Century-Crofts.
- Skinner, B. F. (1971). *Beyond freedom and dignity*. New York: Knopf.
- Skinner, B. F. (1974). *About behaviorism*. New York: Vintage.
- Skinner, B. F. (1975a). The shaping of phylogenetic behavior. *Journal of the Experimental Analysis of Behavior*, *24*, 117-120.
- Skinner, B. F. (1975b). The steep and thorny way to a science of behavior. *American Psychologist*, *30*, 42-49.
- Skinner, B. F. (1977). Herrnstein and the evolution of behaviorism. *American Psychologist*, *32*, 1006-1012.
- Skinner, B. F. (1978). Humanism and behaviorism. In B. F. Skinner, *Reflections on behaviorism and society* (pp. 48-55). Englewood Cliffs, NJ: Prentice-Hall.
- Skinner, B. F. (1981). Selection by consequences. *Science*, *213*, 501-504.
- Skinner, B. F. (1984). The evolution of behavior. *Journal of the Experimental Analysis of Behavior*, *41*, 217-221.
- Skinner, B. F. (1989). The origins of cognitive thought. *American Psychologist*, *44*, 13-18.
- Skinner, B. F., & Heron, W. T. (1937). Effects of caffeine and benzedrine upon conditioning and extinction. *The Psychological Record*, *1*, 340-346.
- Smith, T. L. (1986). Biology as allegory: A review of Elliott Sober's *The nature of selection*. *Journal of the Experimental Analysis of Behavior*, *46*, 237-251.

105-112.

Todd, J. T. (1987). [Letter to the editor]. *Scientific American*, 256(4), 4.

Todd, J. T., & Morris, E. K. (1992). Case histories in the great power of steady misrepresentation. *American Psychologist*, 47, 1441-1453.

**FOURTH INTERNATIONAL CONGRESS ON  
BEHAVIORISM AND THE SCIENCES OF  
BEHAVIOR**

**Hotel Meliá Lebreros  
SEVILLE, SPAIN  
NOV. 18 - 21, 1998**

<http://www.cica.es/aliens/fcbsb>

The International Congresses provide a forum for discussion of conceptual and empirical issues related to behaviorism and their place in sciences of behavior. The main focus of the Congress is equally balanced on behaviorism as philosophy of science, and on the general, empirically-based issues in the sciences of behavior. Submissions from scholars of all disciplines are welcome.

**Deadline for submission is  
July 15, 1998.**

For further information, contact:

**English:**

Professor Peter Harzem  
Auburn University  
AL 36849-5214, USA  
Phone: (334) 821-0259  
Fax: (334) 821-0780  
E-mail: harzepe@mail.auburn.edu

**Spanish:**

Professor Rafael Moreno  
Departamento de Psicología Experimental  
Universidad de Sevilla  
Avad. San Francisco Javier s/n  
41005 Sevilla (SPAIN)  
Phone: 349-5-455767  
Fax: 34-5-4551784  
E-mail: rmoreno@psicoexp.us.es

**BEHAVIOR ANALYSIS  
AT FLORIDA INTERNATIONAL  
UNIVERSITY**

Formal training in basic and applied behavior analysis is one of the goals of the Department of Psychology and the Department of Educational Psychology & Special Education at Florida International University.

The Department of Psychology currently offers the M.S. degree in behavior analysis and the Ph.D. degree in Developmental Psychology with a track in behavior analysis. Research opportunities in this program include 2 infant laboratories, a laboratory for the experimental analysis of human and animal behavior, a daycare center, a child phobia center, a learning center, a state hospital and various community facilities. Recent research includes studies on stimulus equivalence and transfer of function, an exploration of infant learning using conditional discrimination and matching procedures, the treatment of school phobias, an exploration of the conditioned basis of fear of the dark and fear of strangers in small children, "jealousy" between siblings, the effects of touch in mother-infant interactions, and imitation vs. direct contingency learning.

The Department of Educational Psychology & Special Education (EPSE) offers opportunities for doctoral and masters' degrees in Special Education with a track in Applied Behavior Analysis through several fields/programs including Exceptional Student Education, Community College Teaching, Curriculum and Instruction, and Adult Education and Human Resource Development. Recent research includes studies of social and motor skills among children with severe disabilities, comparisons of error correction procedures used to teach academics, interaction patterns between babies and their depressed-adolescent mothers, and generalization strategies used in parent training programs.

The behavioral faculty of the Psychology Department include Scott Fraser, Jacob Gewirtz, Michael Markham and Wendy Silverman, as well as adjunct faculty Beth Sulzer-Azaroff, Steve Starin, and Haydee Toro. For more information on graduate programs contact Jacob Gewirtz, Department of Psychology, Florida International University, Miami, FL 33199, phone (305) 348-3375.

The behavioral faculty of the Department of Educational Psychology and Special Education are Patricia Barbeta, Michael Brady, Martha Peláez and Smita Shukla. For information on graduate programs in Educational Psychology & Special Education contact Michael Brady (305) 348-2552 or Martha Peláez-Nogueras (305) 348-2090.

---

**Don't Miss the  
Developmental  
SIG Dinner!!**

**Saturday, May 23 at 6:30 pm  
Gulliver's Grill  
Disney Swan Hotel**